



Town of Pleasant Garden 4920 Alliance Church Rd.



**10 Week Walking Program
at Volunteer Park.**

**Think about your Team &
a Team Name.**

**Set Objectives—When,
Where, How Often to walk.**

Benefits of Walking



Kick-Off will be **Saturday, April 24, 2021, 10am** at the Town Hall's Picnic Shelter. You can join at any time and walk as many times you'd like.

Contact

Holly Pacheco 336-674-3002 Ext. 5 or astclerk@pleasantgarden.net

Sandy Dawson 336-942-9820 or sandydawson0@gmail.com