

Interesting Facts

- This trail took over 400 hours of planning and volunteer time to create.
- There is an indentation in the trail and a cedar log you can sit on, on the Big Loop. (Which is halfway around from the main entrance.)



- The second bend (coming from the main entrance) on the Charles' Ivy section of the trail has a tree on the left side with a branch that will move but won't come out.
- Most of the poison ivy along the trail is near the edge of the woods. It is thickest from the edge of the woods to about 50 yards in.
- The woods are generally, especially during the summer, 5 to 10 degrees cooler than the surrounding area.
- The farthest point away from the main entrance you can get is a large oak tree on the Big Loop. This tree is also the closest point to the soccer fields and, consequently, has a red S for Soccer written on it.



Pleasant Garden Red Nature Trail



Trail Guide

Follow the red dot trail markers along this one mile trail.

This trail is rated Easy, with level terrain, mostly forested.

Built by Karl Lenz
2006 Eagle Project, Troop 342.

Maintained by
Town of Pleasant Garden.

Introduction

Welcome to the Pleasant Garden Red Nature Trail! This is the first nature trail built by the Town of Pleasant Garden. It is approximately one mile long if walked from beginning to end. The entire trail is marked by red dot markers. If you follow all the markers they will lead you all the way through the trail.

The trail runs through about 40 acres of forest. It is entirely forested and is designed for easy walking. There are no major inclines or declines for the entire length of the trail.

The trail has wood chips or pine needles spread along the entire length to make for softer walking. This trail was designed for members of the Pleasant Garden community to get exercise and enjoy nature.

Tips

- Stay on the trail to avoid poison ivy and oak.
- Do not hike in loose footwear to avoid blisters.
- Trail markers are small red circles on the right hand side of the trail and are usually about six feet up.
- Drink plenty of water to avoid dehydration.
- Do not run on a full stomach or you may become sick.
- The main entrance is marked by a large wooden sign but the soccer fields entrance only has a small mailbox for trail maps. Do not get off the trail at the wrong entrance. They are at opposite ends of the trail. The entrance you started at is where you should end.

Identification

The following are some plants that you can identify. All of these listed are close enough to the trail that you can spot them from the trail. They may be of interest to investigate or avoid.



Poison Oak



Forest Fern



Pine Tree



Oak Tree



Poison Ivy